



### Made or Order Pasta Station

Pasta with Meat Sauce, Marinara Sauce, Meatballs or Cheese Sauce Available Daily

Monday, February 3 <sup>rd</sup>	Tuesday, February 4 <sup>th</sup>	Wednesday, February 5 <sup>th</sup>	Thursday, February 6 <sup>th</sup>	Friday, February 7 <sup>th</sup>
MTO Pasta	Pierogies in Alfredo Sauce w/ Ham	Raviolis with Garlic Bread	Chicken Penne with Rosa Sauce	MTO Pasta Bar



### Made to Order Station

Nachos – Beef & Cheese with a Toppings Bar Available! Walking Tacos available Daily!

Fish Sticks with Mac and Cheese	French toast with Sausage	Chicken Fajita Wrap	Boneless Chicken Wings	Mozzarella Sticks
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### Freshly prepared pizza & specialties

Cheese & Pepperoni Available Daily  
Pizza Sticks with Marinara served Daily

Bruschetta Chicken Pizza	Taco Pizza	Meat Lovers Pizza	Chicken, Spinach, & Alfredo Flatbread	Buffalo Chicken Pizza
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### Made to Order Station

A variety of meats, cheeses, salads, breads, rolls, wraps and other fresh sandwich toppings available

Made to Order Deli Chicken Caesar Wrap	Made to Order Deli Turkey Baboom Sub	Made to Order Deli Ham, Turkey, & Cheese Sandwich	Made to Order Deli Veggies and Cheese Hummus Wrap	Made to Order Deli Tuna Salad Sandwich
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### Additional Grill Item Available Daily

Chicken Patty Sandwich, Chicken Nuggets, & Grilled Chicken Sandwiches Served Daily!

Chili Dog	Bacon Cheeseburger	Greek Chicken flatbread	Fish Patty Sandwich	Ham and Cheese Melt
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### Freshly Made Grab & Go Salads

Salad Bar available daily

Beef Nacho Salad Fruit/Yogurt/Cheese Plate	Breaded Buffalo Chicken Salad Fruit/Yogurt/Cheese Plate	Egg and Veggie Salad Fruit/Yogurt/Cheese Plate	Turkey Chef Salad Fruit/Yogurt/Cheese Plate	Chicken and Cheese Salad Fruit/Yogurt/Cheese Plate
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A balanced meal includes an entrée, fruit, vegetable and milk You must select at least one serving of fruit or vegetable for a reimbursable meal.

- Milk varieties include 1% low fat and fat-free choices
- 100% Fruit Juices Offered Tuesday & Thursdays
- Baby Carrots and Celery Offered Daily

Peas Garden Salad Fresh Apple Fruit Mix	Cauliflower Garden Salad Fresh Apple Peaches	Steamed Carrots Garden Salad Fresh Apple Apple Sauce	Vegetarian Beans Garden Salad Fresh Apple Pears	Broccoli Garden Salad Fresh Apple Fruit Mix
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Lunch is Free to all Students!

Paid Adult Lunch	\$ 3.75
Milk	50¢

Consuming Raw or Undercooked food may cause food borne illness



### Grab and Go Pasta Bar

Pasta with Meat Sauce, Marinara Sauce, Meatballs or Cheese Sauce Available Daily

Monday, February 10 <sup>th</sup>	Tuesday, February 11 <sup>th</sup>	Wednesday, February 12 <sup>th</sup>	Thursday, February 13 <sup>th</sup>	Friday, February 14 <sup>th</sup>
MTO Pasta Bar	Carbonara Pasta	MTO Pasta Bar	Baked Ziti	NO SCHOOL



### Made to Order Station

Nachos – Beef & Cheese with a Toppings Bar Available! Walking Tacos available Daily!

Salisbury Steak, Mashed Potatoes, Gravy and Corn Muffin	Chicken Parm Sub	Orange Glazed Chicken and Broccoli with Lo Mein	Bacon, Egg, and Cheese Bagel	NO SCHOOL
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### Freshly prepared pizza & specialties

Cheese & Pepperoni & Pizza Sticks Available Daily

Veggie Pizza	Cheese Flatbread Pizza	Cheesesteak Pizza	Buffalo Chicken Flatbread	NO SCHOOL
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### Made to Order Station

A variety of meats, cheeses, salads, breads, rolls, wraps and other fresh sandwich toppings available

Made to Order Three Cheese Sub Cheese Sandwich	Made to Order Santa Fe Turkey Wrap Cheese Sandwich	Made to Order Ham and Cheese Sandwich Cheese Sandwich	Made to Order Chicken Asian Wrap Cheese Sandwich	NO SCHOOL
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### Additional Grill Item Available Daily

Chicken Patty Sandwich, Chicken Nuggets, & Grilled Chicken Sandwich Serv Daily!

BBQ Pork Riblet Sandwich	Buffalo Chicken Ranch Sandwich	Reuben Sandwich	Chicken, Cheddar and Bacon Ciabatta Melt	NO SCHOOL
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### Freshly Made Grab & Go Salads

Salad Bar available daily

Tuna & Veggie Salad Fruit/Yogurt/Cheese Plate	Buffalo Chicken Ranch Salad Fruit/Yogurt/Cheese Plate	Turkey Mozzarella Salad Fruit/Yogurt/Cheese Plate	Greek Salad Fruit/Yogurt/Cheese Plate	NO SCHOOL
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- Baby Carrots and Celery Offered Daily

Mashed Potatoes Garden Salad Fresh Apple Strawberry Cup	Green Beans w Carrots Garden Salad Fresh Apple Fruit Mix	Sweet Potato tots Garden Salad Fresh Apple Pears	Vegetarian Baked Beans Garden Salad Fresh Apple Blueberries	NO SCHOOL
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### Grab and Go Pasta Bar

Pasta with Meat Sauce, Marinara Sauce, Meatballs or Cheese Sauce Available Daily!

Monday, February 17 <sup>th</sup>	Tuesday, February 18 <sup>th</sup>	Wednesday, February 19 <sup>th</sup>	Thursday, February 20 <sup>th</sup>	Friday, February 21 <sup>st</sup>
NO SCHOOL	Cheesy Penne	MTO Pasta Bar	Pierogies	MTO Pasta Bar



### Made to Order Station

Nachos – Beef & Cheese with a Toppings Bar Available! Walking Tacos available Daily!

NO SCHOOL	Chicken Tenders with BBQ sauce	Waffle Chicken Bowl	Turkey BBQ Sandwich	General Tso Chicken with Broccoli and Rice
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### Freshly prepared pizza & specialties

Cheese & Pepperoni Available Daily  
Chicken Pizza Quesadillas Tues & Thur Pizza Sticks Mon-Wed-Fri

NO SCHOOL	Cheeseburger Pizza	Chicken and Mac and Cheese Pizza	Broccoli, Pepper, and Onion Pizza	Chipotle Chicken BBQ Flatbread Pizza
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### Made to Order Station

A variety of meats, cheeses, salads, breads, rolls, wraps and other fresh sandwich toppings available

NO SCHOOL	Made to Order Ham and Swiss Flatbread Cheese Sandwich	Made to Order Mediterranean Wrap Cheese Sandwich	Made to Order Jerk Chicken Flatbread Cheese Sandwich	Made to Order Cheese and Veggie Sub Cheese Sandwich
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### Additional Grill Item Available Daily

Chicken Patty Sandwich, Chicken Nuggets, & MTO Burgers Served Daily!

NO SCHOOL	Sloppy Joe	Cheesesteak Sub	FUEL Sweet Heat Chicken Sandwich	Pittsburgh Style Chicken Sub
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### Freshly Made Grab & Go Salads

Salad Bar available daily

NO SCHOOL	Asian Chicken Noodle Salad Fruit/Yogurt/Cheese Plate	Chicken Caesar Salad Fruit/Yogurt/Cheese Plate	Chicken Nacho Salad Fruit/Yogurt/Cheese Plate	Ham and Turkey Cobb Salad Fruit/Yogurt/Cheese Plate
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- 100% Fruit Juices Offered Daily
- Carrots & Celery Offered Daily

NO SCHOOL	Roasted Carrots Garden Salad Fresh Pear Fruit Cocktail	Mixed Veggies Garden Salad Fresh Pear Apple sauce	Kickin Pinto Beans Garden Salad Fresh Pear Strawberries	Broccoli Garden Salad Fresh Pear Diced Peas
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### Made or Order Pasta Station

Pasta with Meat Sauce, Marinara Sauce, Meatballs or Cheese Sauce Available Daily

Monday, February 24 <sup>th</sup>	Tuesday, February 25 <sup>th</sup>	Wednesday, February 26 <sup>th</sup>	Thursday, February 27 <sup>th</sup>	Friday, February 28 <sup>th</sup>
MTO Pasta Station	Chicken Alfredo Pasta	MTO Pasta Station	Mac and Cheese with Cheetos	MTO Pasta Station



### Made to Order Station

Nachos – Beef & Cheese with a Toppings Bar Available! Walking Tacos available Daily!

Salisbury Steak with Mashed Potatoes, Gravy, and Corn Muffin	Sweet and Sour Chicken Bowl with Egg Roll	Fish Sticks with Mac and Cheese	Chicken pot pie	Pancakes with Sausage
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### Freshly prepared pizza & specialties

Cheese & Pepperoni Available Daily  
Chicken Pizza Quesadilla Tues & Thurs Pizza Sticks Mon-Wed-Fri

Meat Lover Pizza	Mexican Pizza	BBQ Chicken and Srirachi Pizza	White Pizza	Buffalo Chicken Flatbread
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### Made to Order Station

A variety of meats, cheeses, salads, breads, rolls, wraps and other fresh sandwich toppings available

Made to Order Deli Chicken and Bean Pinwheels Cheese Sandwich	Made to Order Deli Turkey and American Sub Cheese Sandwich	Made to Order Deli Egg Salad Sandwich Chicken Ranch Club Sandwich Cheese Sandwich	Made to Order Deli Honey Mustard Chicken Sandwich Cheese Sandwich	Made to Order Deli Egg Salad Sandwich Cheese Sandwich
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### Additional Grill Item Available Daily

Chicken Patty Sandwich, Chicken Nuggets, & MTO Burgers Served Daily!

Grilled Chicken Ciabatta Melt	Mushroom Swiss Burger	Parmesan Ranch Burger	Chicken and Pimento Style Grilled Cheese	Turkey, Mushroom, and Swiss Flatbread
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### Freshly Made Grab & Go Salads

Salad Bar available daily

Beef Nacho Salad Fruit/Yogurt/Cheese Plate	Tossed Salad with Cheese Fruit/Yogurt/Cheese Plate	Chicken Ranch Salad Fruit/Yogurt/Cheese Plate	American Chef Salad Fruit/Yogurt/Cheese Plate	Popcorn Chicken Salad Fruit/Yogurt/Cheese Plate
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- 100% Fruit Juices Offered Tuesday & Thursdays
- Baby Carrots and Celery Offered Daily

Mashed Potatoes Garden Salad Fresh Apple Peaches	Mix Roasted Veggies Garden Salad Fresh Apple Fruit cocktail	Cauliflower Garden Salad Fresh apple Applesauce	Vegetarian Baked Beans Garden Salad Fresh Apple Blueberries	Broccoli Garden Salad Fresh Apple Pears
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