

February

2020

High School Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Breakfast is the most important meal of the day! It has been proven that students who eat breakfast will perform better in school. Encourage your child to eat breakfast with us!</p> <p>Consuming raw or undercooked food may cause foodborne illness</p>
3 Maple Waffles Apple Non Fat Milk	4 Strawberry Bagel Apple 100% Fruit Juice Non Fat Milk	5 Rice Krispies Treat String Cheese Apple Non Fat Milk	6 Cheez- it String Cheese Apple 100% Fruit Juice Non Fat Milk	7 Chocolate Chip or Apple Muffin String Cheese Apple Non Fat Milk	
10 Apple or Cherry Frudel Orange Non Fat Milk	11 Cinnimini Bar Orange 100% Fruit Juice Non Fat Milk	12 Apple or Blueberry Muffin String Cheese Orange Non Fat Milk	13 Trix or Cocoa Puff Bar Orange 100% Fruit Juice Non Fat Milk	14 NO SCHOOL	
17 NO SCHOOL	18 Cocoa Puff or Cinnamon Toast Crunch Bar Banana 100% Fruit Juice Non Fat Milk	19 Confetti Pancakes Banana Non Fat Milk	20 Cinnamon Toast Crunch Soft Bar Banana 100% Fruit Juice Non Fat Milk	21 Blueberry Waffles Banana Non Fat Milk	
24 Berry French Toast Apple String Cheese 100% Fruit Juice	25 Maple Pancakes Apple String Cheese 100% Fruit Juice Non Fat Milk	26 Strawberry or Fudge Pop-tart String Cheese Apple Non Fat Milk	27 Cocoa Puff Soft Bar 100% Fruit Juice Non Fat Milk	28 Rice Krispie Bar String Cheese Apple Non Fat Milk	

Wyoming Valley West School District



Breakfast is Free for ALL Students!!
Milk: Chocolate, Skim, & 1% Milk Offered Daily
Strawberry when available
Juice: Fruit Punch, Orange, & Apple Juice
BAGEL W/ CREAM CHEESE SERVED DAILY

Menus are subject to change without notice.

