



# Chester and Third Breakfast Menu

Have a Great Day!

February 2020

**3**  
**Maple Waffles**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Banana, Diced Pears  
 Choice of Milk

**4**  
**Maple Pancake Sausage Wrap**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Banana, Mixed Fruit  
 100% Fruit Juice  
 Choice of Milk

**5**  
**Strawberry Pop-tart**  
 Assorted Cereal  
 String Cheese  
 Strawberry Banana Yogurt  
**Fruit Choices:**  
 Fresh Banana, Applesauce  
 Choice of Milk

**6**  
**Cheez-its**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Banana, Strawberries,  
 or 100% Fruit Juice  
 Choice of Milk

**7**  
**Chocolate Chip Muffin**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Banana or Peaches  
 Choice of Milk

**10**  
**Apple Frudel**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Banana, Diced Pears  
 Choice of Milk

**11**  
**Cinnimini Bar**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Banana, Mixed Fruit  
 100% Fruit Juice  
 Choice of Milk

**12**  
**Apple Cinnamon Muffin**  
 Assorted Cereal  
 String Cheese  
 Strawberry Banana Yogurt  
**Fruit Choices:**  
 Fresh Banana, Applesauce  
 Choice of Milk

**13**  
**Trix Bar**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Banana, Strawberry Cup  
 100% Fruit Juice  
 Choice of Milk

**14**  
**NO SCHOOL**

**17**  
**NO SCHOOL**

**18**  
**Cocoa Puff Cereal Bar**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Banana, Fruit Cocktail, or 100% Fruit Juice  
 Choice of Milk

**19**  
**Bagel w/ Cream Cheese**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Banana or Applesauce  
 Choice of Milk

**20**  
**Cinnamon Toast Crunch Soft Bar**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Banana, Strawberries, or 100% Fruit Juice

**21**  
**Blueberry Waffles**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Banana or Peaches  
 Choice of Milk

**24**  
**Fudge Pop-tart**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Banana, Diced Pears  
 Choice of Milk

**25**  
**Maple Pancakes**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Apple, Mixed Fruit  
 100% Fruit Juice

**26**  
**Cocoa Puff Soft Bar**  
 Assorted Cereal  
 String Cheese  
 Strawberry Banana Yogurt  
**Fruit Choices:**  
 Fresh Apple, Applesauce  
 Choice of Milk

**27**  
**Blueberry Muffin**  
 Assorted Cereal  
 String Cheese  
**Fruit Choices:**  
 Fresh Apple, Strawberry Cup  
 100% Fruit Juice  
 Choice of Milk

**28**  
**Strawberry Pop-tart**  
 Assorted Cereal  
 String Cheese  
 Strawberry Banana Yogurt  
**Fruit Choices:**  
 Fresh Orange, Peaches  
 Choice of Milk

**Breakfast FREE to all Students!**

**Take 3 of 4 Components:** Protein, Bread/Grain, Fruit and Milk. You can take 2 Bread/Grain options and count it as two components towards your meal!

**Assorted Cereal:** Apple Jacks, Cheerios, Cocoa Puffs, Lucky Charms, & Trix  
**\*Daily Fruit:** Fresh Apple, Fresh Orange, Fresh Banana  
**\*\*Milk Choice:** Skim Chocolate, 1% White Milk, Skim Vanilla, Skim & Lactose Milk

Consuming raw or undercooked food may cause foodborne illness